



**ACTIVITY ONE : WHAT'S IN MY HEART?**

**INSTRUCTIONS**

Draw a heart, and fill it with pictures or words of what you should allow in. When we guard our heart with only the truth of who we are in Jesus, that begins to flow through our words and our actions!



**PARTICIPATE & POST TO EARN TOKENS**  
A PICTURE OF COMPLETED CHALLENGE = 2 TOKENS

**WAYS TO SHARE**  
📍 LIFECENTERKIDS  
📱 LCKIDS.TACOMA  
TEXT 628-252-5437